

## **Community Resource Guide**

The following list of community resources is provided to help you access resources in our community throughout and after treatment is completed. United Way's information and referral service – FIRST – is now PA 2-1-1. People now can dial 2-1-1 to access a comprehensive, 24/7 information and referral line connecting people with specialists who can determine which health and human services or government agencies can provide assistance. You can also access the information by going on line to <http://www.unitedway-york.org/first-pa-211>. For those wanting to reengage in services at Arrow Counseling Services, please call our office at (717) 755-0011.

### **Counseling/ Substance Abuse**

- Adams/ Hanover Counseling - 632-4900, 1-800-315-0951
- Cornerstone Counseling - 632-6555
- Edgar Square - 851-1500
- Meadowlands - 851-6350
- Memorial Behavioral Health - 849-5744
- White Deer Run - 840-0984
- York/ Adams Drug and Alcohol Case Management - 840-4207
- Council of Churches (Hanover) - 717-633-6353
- Food Pantry Clearinghouse - 846-8899
- Goodwill - 846-780
- Human Life Services - 846-2384
- Lehman Center - 845-5771
- New Hope Ministries - 292-3441
- Our Daily Bread - 848-1674
- Pregnancy and Family Resource Center - 854-6285
- Pregnancy Resource Center - 843-7986
- Salvation Army - 848-2364
- Southern York County Food Bank - 717-428-3874
- Southern York Clothing Bank - 717-235-2156
- York Helping Hands - 846-9275
- York Rescue Mission - 845-7662

### **Financial Assistance/ Health Insurance**

- Adams County Board of Assistance - 1-800-638-6816, 717-334-6241
- Amerihealth Mercy - 1-800-991-7200
- Blue Chip - 1-800-KIDS-101
- Department of Public Welfare - 771-1100, 771-1253
- Family Care Network - 1-800-543-7633
- Gateway Healthplan - 1-800-392-1147
- Unison - 1-800-414-9025
- Social Security Administration - 767-1600, 1-800-772-1213
- WIC (Women, Infant, Children) - 843-7942

### **Health Services**

- Caring Company - 848-8869
- Rabbit Transit - 845-7553
- Touch-A-Life - 854-4313
- Wellspan Medical Weight Management 1-717-851-6207
- Overeaters Anonymous –1-505-891-2664

### **Food/ Clothing/ Infant - Maternity Supplies**

- Caring Company - 848-8869
- Children's Aid Society - 717-927-9497
- Clothing Co-op - 848-2610
- Community Clothes Closet - 717-927-9497
- Community Progress Council - 846-4600

## **Services for Children**

- Children and Youth Services - 846-8496, 1-800-932-0313
- Early Intervention (MHMR) - 771-9618
- Family-Child Resources - 757-1227
- Lehman Center - 845-5771, 1-800-635-6619
- LIU #12 - 717-624-4616

## **Education/ Training/ Employment**

- Adult Learning Center - 843-9489
- C. A. Center for Employment and Training - 848-8857
- Career Link of York County - 767-7600

## **Mental Health Services**

- Crisis Intervention - 851-5320, 1-800-673-2496
- C.A.S.S.P. - 771-9903
- East Side Health Center 717-801-0971
- Mental Health Association - 843-6973
- MHIDD (MHMR) - 771-9618
- Victim Assistance Center - 854-3131, HOT LINE - 1-800-422-3204

## **Housing/ Shelters**

- Access York, Inc. - 1-800-262-8444, 846-5400
- Bell Family Shelter - 845-9536
- Cable House - 854-0507
- Housing Authority - 845-2601, 854-7846
- Jefferson Shelter - 845-7662
- Lehman Center - 845-5771
- York Area Development Corporation - 846-5139
- York Housing Alliance - 854-1541
- York Rescue Mission - 845-7662

## **Miscellaneous Services**

- Albert S. Weaver Health Bureau Annex (formally York City Bureau of Health - 849-2299, 849-2336 - lead program
- Area Agency on Aging - 771-9610
- Consumer Credit Counseling - 1-888-511-2227
- Home Weatherization Program - 771-9870
- Lawyer Referral Service - 854-8755
- MidPenn Legal Services - 1-800-299-6599
- Lutheran Social Services - 848-1012
- Poison Control Center - 1-800-222-1222
- Public Defender's Office - 771-9217
- Spanish American Center - 846-9434
- York County Courthouse - 771-9612
- DNA Parentage Testing - 1-800-362-2368

## **Hot Lines and Support Groups**

- AA - 854-4617
- Al-Anon, Al-Ateen - 792-6620
- Childbirth Education - 851-2241
- Choice - 1-800-84-TEENS
- Co-Dependants Anonymous - 767-6941
- Family First Health - 845-8617
- Narcotics Anonymous - 848-9988
- National Child Abuse Hotline - 1-800-932-0313
- Rape and Victim Assistance Hotline - 854-3131
- Resolve Through Sharing - 851-3467
- Smoking Quit line - 1-877-724-1090
- Wellspan Medical Weight Management 717-851-6207